

# 2023 Tuckshop Menu Term 1 (Tuesday to Thursday)

 order via app or at [www.flexischools.com.au](http://www.flexischools.com.au)

## DAILY SPECIAL

- Fried Rice \$4.50
- Burrito \$4.50
- Cheese Toasties \$4.00
- Ham and Cheese Toasties \$5.00
- 5 Nuggets \$5.00
- Sausage Roll \$5.00
- Meat Pie \$5.00
- Chicken Tender Wrap \$5.00



## Wholemeal/White SANDWICHES Wraps 50 cents extra

- Jam \$2.50
- Honey \$2.50
- Vegemite \$2.50
- Cheese \$2.50
- Ham \$3.50
- Chicken \$4.00
- Egg & Lettuce \$4.00
- Salad \$4.00
- Ham with Salad \$5.00
- Chicken with Salad \$5.50

## SNACKS

- Cheese and Crackers \$1.50
- Brown Rice Crackers 50c
- Carrot Sticks 50c
- Freshly baked Biscuit \$1.00
- Freshly baked Brownie \$1.00
- Freshly baked Fruit Muffin \$1.00
- Custard \$1.20
- Fruit – Seasonal \$1.00
- Garlic Bread \$1.00
- Popcorn \$1.00
- Yoghurt Berry Crunch \$2.50
- Corn Cob \$1.00
- Boiled Egg \$1.50

## DRINKS

- Water \$1.50
- Milo Cup \$1.50
- Milk Popper \$1.50
- Fruit Drink Popper \$1.50  
(Apple, Tropical, Apple and Raspberry)
- Chocolate Flavoured Milk \$2.50

## CLASS BIRTHDAYS

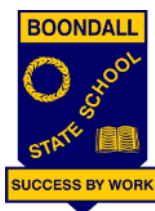
*Celebrate your child's special day with their class.*

Home baked Chocolate Cupcakes (pack of 26) \$20

Ice Blocks (pack of 26) \$15  
*Please give us **48 hours' notice** for your order.*

## FROZEN ITEMS

- Zooper Dooper Ice Block \$1.00
- Chocolate Ice Cream Cup \$1.50
- Frozen Yoghurt \$2.50  
(Strawberry or Mango)



Tuckshop bags available for 10c each or 20 for \$1.50. Cut off for orders is 8.30am each morning. **Phone orders are unable to be accommodated.** In the event that items are unavailable, items will be substituted as best as possible. Tuckshop will be open Tuesday to Friday in Term 1.

Mail | [pandc@boondallss.eq.edu.au](mailto:pandc@boondallss.eq.edu.au)

### VOLUNTEERS ALWAYS WELCOME:

**Please email the P&C to let us know how you can help, and we will add you to our tuckshop roster or talk directly to Megan at the tuckshop.**

**P&C Meetings | every 3rd Monday of the month**

# 2023 Term1 Tuckshop Menu (Friday)



order via app or at [www.flexischools.com.au](http://www.flexischools.com.au)

Date	First Break Option Full Serve \$5.00	Drink \$1.50	Second Break Option \$1.50
27 January 23	Ham and Cheese Pizza <b>OR</b> Cheese Pizza (V)	Popper	Chocolate Mousse
3 February 23	Cheeseburger <b>OR</b> Vegie Cheeseburger (V)	Popper	Vanilla Ice Cream
10 February 23	Bolognaise Pasta <b>OR</b> Macaroni Cheese (V)	Popper	Chocolate Mousse
17 February 23	Ham and Cheese Pizza <b>OR</b> Cheese Pizza (V)	Popper	Vanilla Ice Cream
24 February 23	<b>Cheese Burger or Veggie Burger</b>	Popper	Chocolate Mousse
3 March 23	Bolognaise Pasta <b>OR</b> Macaroni Cheese (V)	Popper	Vanilla Ice Cream
10 March 23	Ham and Cheese Pizza <b>OR</b> Cheese Pizza (V)	Popper	Chocolate Mousse
17 March 23	Cheeseburger <b>OR</b> Vegie Cheeseburger (V)	Popper	Vanilla Ice Cream
24 March 23	Bolognaise Pasta <b>OR</b> Macaroni Cheese (V)	Popper	Chocolate Mousse
31 March 23	<b>LAST DAY OF TERM-Dagwoog Dog /Veggie Burger</b>	Popper	Chocolate Ice Cream Cup

Friday Food order forms are sent home with students at the start of the week (additional forms available at the RISE Café). Paper order forms are due by 8.30am Thursday and Flexischools orders by 8.30am Friday. Alterations to Friday Food menu items will only be made for students with dietary restrictions. Please talk with Megan at the Rise Café to discuss dietary restrictions and alternative options. (V) is the Vegetarian First Break Option. All items are based on availability we do our best to supply what is stated on the menu. However, substitutions may be necessary when listed items are unavailable.



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**P&C Meetings** | every third Monday of the month  
**P&C Volunteers Always Welcomed** | email the P&C